

## Kentucky School for the Deaf 2019-2020

### Snack & Supper

CYCLE DATES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
8/11 9/8 10/13 11/10 12/15 1/26 2/23 3/22 4/26	<b>Snack</b> Goldfish/Juice <b>Supper</b> Cheeseburger let/tom/pickle Onion rings Fruit cup Milk	<b>Snack</b> Oatmeal Bar/Milk <b>Supper</b> Baked Ziti Side salad Garlic bread Applesauce cup Milk	<b>Snack</b> Yogurt/Juice <b>Supper</b> Salisbury steak Mashed potatoes Peas Roll Milk	<b>Snack</b> Scooby Grahams/Juice <b>Supper</b> Meatloaf Scalloped Potatoes Pinto beans Corn bread Milk	<b>Snack</b> Nutrigrain Bar/Milk <b>Supper</b> Chicken nuggets Tater tots Fruit Milk
8/18 9/15 10/20 11/17 1/5 2/2 3/1 3/29 5/3	<b>Snack</b> Bagel Milk <b>Supper</b> Hotdog Cole slaw Sunchips Fruit cup Milk	<b>Snack</b> Granola bar Juice <b>Supper</b> Pizzaburger Tater tots Mixed veggies Slushie sidekick Milk	<b>Snack</b> Rice Krispie treat Juice <b>Supper</b> Scrambled eggs Hashbrowns Sausage Biscuit Baked apples Milk	<b>Snack</b> Dunkin Stick Milk <b>Supper</b> Chicken Alfredo Peas Fruit Breadstick Milk	<b>Snack</b> Pudding/grahams Juice <b>Supper</b> Bosco w/marinara Side Salad/ranch Applesauce Milk
8/25 9/22 10/27 12/1 1/12 2/9 3/8 4/12 5/10	<b>Snack</b> Goldfish Juice <b>Supper</b> Chicken Tenders Baked Fries Grapes WG Roll Milk	<b>Snack</b> Oatmeal Bar Milk <b>Supper</b> Meatloaf Mashed Potatoes Green Beans WG Roll Milk	<b>Snack</b> Yogurt Juice <b>Supper</b> Sloppy Joe on bun Onion rings Corn Fruit Milk	<b>Snack</b> Chex Juice <b>Supper</b> Baked Spaghetti Salad w/ Ranch Fruit Garlic bread Milk	<b>Snack</b> Nutrigrain bar Milk <b>Supper</b> Corndog Cole slaw Baked Beans Fruit cup Milk
9/1 9/29 11/3 12/8 1/19 2/16 3/15 4/19 5/17	<b>Snack</b> Teddy Grahams Milk <b>Supper</b> Pizza Dog Tater tots Fruit Cup Milk	<b>Snack</b> Pretzels Juice <b>Supper</b> Hamburger WG Bun Cheese/let/tom/pickle Sunchips Baked Beans Applesauce cup Milk	<b>Snack</b> Chex Mix Juice <b>Supper</b> Salisbury Steak Mashed Potatoes Green Beans Roll Milk	<b>Snack</b> Bagel Milk <b>Supper</b> Chicken Alfredo Side salad/ranch Peas WG breadstick Milk	<b>Snack</b> String Cheese/goldfish Juice <b>Supper</b> Sloppy Joe on w/g bun Mac & cheese Onion rings Fruit Cup Milk

## Kentucky School for the Deaf 2019-2020

### Breakfast and Lunch

CYCLE DATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
8/11 9/8 10/13 11/10 12/15 1/26 2/23 3/22 4/26	<b>Breakfast</b> Pancake Wrap <b>Lunch</b> Pizza Mixed Greens Corn Grapes Milk Juice	<b>Breakfast</b> Sausage Biscuit <b>Lunch</b> Corn Dog Sweet Potato Fries Green Beans Applesauce/fresh fruit Juice Milk Doritos-H	<b>Breakfast</b> Muffin <b>Lunch</b> Chicken Fajitas Black Beans WG Tortilla Chips Cheese/salsa/sour cream/let/tom Milk	<b>Breakfast</b> Chicken Biscuit <b>Lunch</b> Fish Nuggets/Sandwich Baked Fries Broccoli Fresh Fruit Juice Milk	<b>Breakfast</b> Breakfast Pizza <b>Lunch</b> Cheeseburger Steamed Carrots Oven Baked Fries Let/tom Fresh fruit milk	<b>Breakfast is served with</b> Fresh fruit, , 100% Juice, 1% White Milk, and Non-fat Chocolate Milk.  <b>Breakfast options:</b> Pop Tart / Cereal / Donut
8/18 9/15 10/20 11/17 1/5 2/2 3/1 3/29 5/3	<b>Breakfast</b> Breakfast burrito <b>Lunch</b> Pizza Corn Side salad/ff ranch Fresh fruit Milk	<b>Breakfast</b> Sausage Biscuit <b>Lunch</b> Chicken patty on bun Mashed potatoes Brussel sprouts Let/tom Fresh fruit Milk	<b>Breakfast</b> Banana Split <b>Lunch</b> Beef Taco Black Beans WG tortillas Let/Tom/salsa/sc/chees Peaches Milk	<b>Breakfast</b> Chicken Biscuit <b>Lunch</b> Chicken nuggets Baked fries Steamed carrots Roll Fresh fruit Milk	<b>Breakfast</b> Breakfast Pizza <b>Lunch</b> <b>FARM FRESH FRIDAY</b> Spaghetti w/meat sauce Side salad/ff ranch Mixed veggies Fresh fruit Milk	<b>Lunch is served with</b> 1% White Milk and non-fat Chocolate Milk  <b>Everyday Lunch Option:</b> Sack Lunch choices or Chef Salad
8/25 9/22 10/27 12/1 1/12 2/9 3/8 4/12 5/10	<b>Breakfast</b> Muffin <b>Lunch</b> Pizza Corn Side salad/ff ranch Fresh fruit Milk	<b>Breakfast</b> Sausage Biscuit <b>Lunch</b> Grilled Chicken on bun Steamed Carrots Broccoli Baked apples/fresh fruit Milk Let/tom	<b>Breakfast</b> Egg/cheese Biscuit <b>Lunch</b> Cheeseburger Baked beans Fresh fruit Mixed veggies Milk Let/tom	<b>Breakfast</b> Pancake Wrap <b>Lunch</b> Salisbury steak Mashed potatoes Green beans Roll Strawberries Milk	<b>Breakfast</b> Breakfast Pizza <b>Lunch</b> Chicken noodle soup Grilled cheese Broccoli Fruitable Fresh fruit Milk	<b>Supper is served with</b> 1% White Milk and Non-fat Chocolate Milk.
9/1 9/29 11/3 12/8 1/19 2/16 3/15 4/19 5/17	<b>Breakfast</b> Chicken Biscuit <b>Lunch</b> Pepperoni Pizza Side salad/ff ranch Corn Fresh fruit Milk	<b>Breakfast</b> Breakfast Burrito <b>Lunch</b> Chicken tenders Sweet potato cubes Mixed greens Roll Fresh fruit milk	<b>Breakfast</b> Banana Split <b>Lunch</b> Spaghetti w/meat sauce Side salad/ff ranch Mixed veggies Fresh fruit Milk	<b>Breakfast</b> Sausage Biscuit <b>Lunch</b> Baked Chicken Mashed potatoes Broccoli Peaches Roll Milk	<b>Breakfast</b> Biscuit Pizza <b>Lunch</b> Bosco sticks/marinara Lima beans w/g doritos Fruitable Fresh fruit Milk	